

health
wellness
growth
achievement
independence
confidence
inclusion
mobility

OUR IMPACT



We work with volunteers and local delivery partners throughout the province to deliver dynamic programming in four key areas:

- Introductory sport experiences (to get kids involved in sport)
- Recreational sport programs (for fun, fitness, and skill development)
- Adaptive sport programs (for physical and recreational therapy), and
- Competitive and high-performance sport programs (for advanced skill mastery and competition).

From the school playground to the Paralympic podium, and everywhere in-between, OCPSA empowers children and adults with physical disabilities to fulfill their unique potential and thrive through sport and fitness activities, events, camps, games, competitions, skills training, coaching, and specialized equipment.



WHEELCHAIRS TO RUNNING SHOES...

Charitable support makes exciting new programs possible like Frame-Running. This game-changing program provides children and adults who are confined to wheelchairs or walkers with the opportunity to run for the first time in their lives using innovative three-wheeled running frames. These frames support the athlete with a saddle and safety harness while they use their feet, instead of pedals, to propel forward without the risk of falling.

Programs like Frame-Running start out as pilot projects or special camps thanks to donor support. Once a project's interest and benefits are proven, it is developed into a full program that is delivered at no-cost or low-cost (subsidized) via OCPSA's core programming.

Charitable
Programs

EQUIPPED TO PLAY...

Charitable support provides free access to specialized sport equipment for children and adults with physical disabilities so they can play sports. Specially designed ramps and head pointers allow them to play boccia (a paralympic sport similar to bocce). Racing wheelchairs and running frames allow them to participate in track and marathon events. And stationary throwing chairs and anchored platforms allow them to participate in shot put, discus, javelin, and club throw.

Donations to this essential program remove the single most significant barrier to sport participation for children and adults with physical disabilities: the prohibitive cost of the equipment they require to participate.

